CHAPTER 3

REFRESHER TRAINING

The refresher training program is designed for an RL 3 aviator. It enables the aviator to regain proficiency in all base tasks. This chapter describes refresher training requirements and provides guidelines for developing refresher training programs.

3-1. TRAINING REQUIREMENTS

- **a.** An aviator is designated RL 3 when he meets the criteria in TC 1-210. Figures 3-1 and 3-2 are furnished as guides for developing refresher training programs.
- **b.** Applicable USAAVNC POIs, lesson plans, and exportable training packets may be used to conduct academic training. These materials may be obtained by writing Commander, US Army Aviation Center, ATTN: ATZQ-TDI-D, Fort Rucker, AL 36362-5035, or calling DSN 558-3283/5990 or commercial (205) 255-3283/5990.

Aircraft systems, structure, and airframe
Precautionary measures and critical conditions
Avionics/mission equipment
Weight and balance
Operational limitations and performance planning charts
Flight planning, to include DOD FLIP
Instrument departures, en route navigation, and reporting
Instrument approaches
Local SOPs and regulations
Airspace regulations
Night vision systems
Weapon systems
Ground and air safety
Aircraft operator's manual written examination

Figure 3-1. Refresher academic training guide

Flight Instruction	Hours
Local area orientation Demonstration and practice of base tasks Flight evaluation	2.0 6.0 2.0
Total hours	10.0
Instrument Instruction Flight or simulator training Instrument evaluation	<u>Hours</u> 8.0 2.0
Total hours	10.0
Gunnery Instruction	
Flight or simulator training as outlined in TC	1-140

Figure 3-2. Refresher flight training guide

3-2. NIGHT TRAINING

- a. <u>Unaided Night Flight.</u> Minimum task requirements are listed in Chapter 5 (Figure 5-1). Night considerations for maneuvers (when applicable) are in Chapter 6.
- **b.** <u>NW Flight.</u> TC 1-210 discusses NVG refresher training. Figure 3-3 is an NVG refresher training guide.

	Hours
<u>Subject</u>	<u>nours</u>
Academic training ¹	-
AH1FWS or static aircraft training period ² Demonstration and practice of NVG tasks (Figure 2-3 on page 2-5) and any mission	1.0
tasks designated by the commander	5.0
Flight evaluation ³	2.0
Total hours4	8.0

¹Academic training should include the subject areas shown in Figure 2-3 (page 2-4).

The total time may be reduced to no less than 4.5 hours of actual flight time based on the IP's/SP's recommendation concerning the aviator's proficiency. It may include the NVG standardization flight evaluation but not the AH1FWS or static aircraft training period.

Figure 3-3. NVG refresher training guide

²If conducted in an aircraft, the training must be done at night.

This may be a continual evaluation.